

FRESH SALADS

WHOLE OR HALF

SALMON CAESAR *One Size Only* 11.00

Romaine, sustainable salmon, kale, roasted tomato, cucumber, basil, ciabatta croutons, Grana Padano, house Caesar dressing

CALORIES: 640 WHOLE

THAI COCONUT 9.90 | 6.90

Mixed greens, roasted chicken, sweet potato, toasted coconut, cucumber, pickled onion, cilantro, toasted peanut, peanut mango dressing

CALORIES: 850 WHOLE / 425 HALF

FARMER 9.40 | 6.90

Mixed greens, roasted chicken, feta, seasonal fruit, corn, almond, champagne vinaigrette

CALORIES: 720 WHOLE / 360 HALF



Salmon Caesar

GRAIN BOWLS

LEMONGRASS PORK BOWL 9.90

Warm heirloom rice, humanely-raised Berkshire pulled pork, carrot, cucumber, pickled onion, jalapeño, cilantro, toasted peanut, chili vinegar

CALORIES: 610

CURRY SALMON BOWL* 13.20

Warm heirloom rice, sustainable salmon, marinated kale, coconut sweet potato curry, toasted coconut, green onion

CALORIES: 670

SUPERduperFOOD 9.40 | 5.90

Baby greens, quinoa pilaf, Purely Elizabeth blueberry hemp granola, seasonal fruit, carrot, almond, raspberry chia dressing

CALORIES: 590 WHOLE / 295 HALF

FLATIRON* 12.50 | 7.90

Mixed greens, grilled steak, roasted potato, roasted tomato, blue cheese, caramelized onion, balsamic vinaigrette

CALORIES: 950 WHOLE / 475 HALF

MÉRIDA 10.50 | 6.90

Romaine, roasted chicken, organic beans, roasted corn, pickled onion, organic blue corn strips, cotija, avocado, guajillo lime vinaigrette

CALORIES: 750 WHOLE / 425 HALF

WINTERGREEN 8.90 | 5.90

Baby greens, green apple, goat cheese, roasted potato, medjool date, walnut, agave herb vinaigrette

CALORIES: 510 WHOLE / 255 HALF

Seasonal Salad

Visit our website for seasonal specials

Choose Two

Mix & Match two 1/2 sized entrées

1/2 SALAD + 1/2 PIZZA

1/2 SALAD + 1/2 SANDWICH

BRICK OVEN PIZZA

WHOLE OR HALF

MARGHERITA 8.90 | 5.90

Fresh mozzarella, basil, organic red sauce

CALORIES: 770 WHOLE / 385 HALF

THREE CHEESE 7.90 | 4.90

Whole milk mozzarella, asiago, parmesan, organic red sauce

CALORIES: 810 WHOLE / 405 HALF

PEPÉ 9.40 | 5.90

Creminelli pepperoni, three cheese blend, organic red sauce

CALORIES: 980 WHOLE / 480 HALF

MODERN MUSHROOM 8.90 | 5.90

Roasted crimini mushrooms, goat cheese, marinated kale, red onion, organic red sauce

CALORIES: 880 WHOLE / 440 HALF

BACON CORN 9.90 | 5.90

Tender Belly™ bacon, roasted corn, cream, three cheese blend, basil

CALORIES: 1150 WHOLE / 575 HALF

BBQ 9.40 | 5.90

Roasted chicken, red & green onion, cilantro, pepper jack

CALORIES: 950 WHOLE / 475 HALF



Make it Gluten-Free (Additional Charge)
Subtract 350/175 Calories

HOMEMADE SOUPS

4.40 A CUP



Ask About Our Seasonal Soups

CALORIES: 160 - 240

HAND CARVED PLATES

CHOOSE TWO SIDES

1 PICK A PROTEIN:



13.20

SUSTAINABLE SALMON* 13.20

Sustainable Atlantic salmon, lemon, chimichurri, heirloom rice CALORIES: 380



11.00

HERB MARINATED CHICKEN 11.00

Antibiotic-free, herb marinated, chimichurri, heirloom rice

CALORIES: 470



12.50

NATURAL ANGUS STEAK* 12.50

Humanely-raised, herb marinated, chimichurri, heirloom rice

CALORIES: 540



7.50

SESAME GLAZED TOFU 7.50

Organic, marinated with tamar, sesame oil, ginger, garlic, heirloom rice

CALORIES: 350



11.00

LEMONGRASS PULLED PORK 11.00

Humanely-raised, antibiotic-free, lemongrass, chimichurri, heirloom rice

CALORIES: 550

2 PICK TWO SIDES:

• ROSEMARY SWEET POTATO MASH 2.00

CALORIES: 200

• ROASTED GARLIC MASHED POTATO 2.00

CALORIES: 310

• ARUGULA & BLUE CHEESE SALAD 2.00

CALORIES: 100

• GREENS & ASIAGO SALAD 2.00

CALORIES: 70

• HEIRLOOM RICE 3.00

CALORIES: 300

• MACARONI AND CHEESE 3.00

CALORIES: 300

• FIRE ROASTED VEGGIES 2.00

CALORIES: 170

Seasonal Veggies

Visit our website for seasonal specials

TOASTED SANDWICHES

WHOLE OR HALF

CHIPOTLE STEAK* 10.40 | 6.40

Grilled steak, SPICY chipotle aioli, arugula, asiago cheese, tomato on ciabatta

CALORIES: 840 WHOLE / 440 HALF

TENDER BELLY™ BLT+A 8.90 | 5.70

Tender Belly™ bacon, basil aioli, avocado, tomato, arugula on sourdough

CALORIES: 840 WHOLE / 440 HALF

BASIL CHICKEN 8.40 | 5.40

Roasted chicken, basil aioli, tomato, red onion, provolone, arugula on ciabatta

CALORIES: 650 WHOLE / 325 HALF

BLUEBERRY PESTO 8.40 | 5.40

Fresh mozzarella, nut-free basil pesto, blueberry chia jam, tomato, arugula on ciabatta

CALORIES: 560 WHOLE / 280 HALF

PULLED PORK 8.90 | 5.70

BÁNH MÌ

Humanely-raised Berkshire pulled pork, pickled carrot, cilantro, basil, jalapeño, lemongrass aioli on ciabatta

CALORIES: 710 WHOLE / 355 HALF

BERKSHIRE BBQ PORK 8.90

Humanely-raised Berkshire pulled pork, spicy BBQ sauce, housemade pickles on brioche

CALORIES: 710 WHOLE



Blueberry Pesto Sandwich

Extras

• Make it Gluten-Free

ADDS 120-230 CALORIES

• Add Bag of Chips

CALORIES: 140-150

• Add Greens & Asiago Salad

CALORIES: 70

• Add Arugula & Blue Cheese Salad

CALORIES: 100

BREAKFAST SANDWICHES + BURRITOS

THE ROCKET* 7.00

Cage-free fried eggs, provolone, tomato, arugula, basil aioli on brioche

CALORIES: 590

CHIPOTLE BACON* 7.50

Cage-free fried eggs, Tender Belly™ bacon, provolone, tomato, SPICY chipotle aioli on brioche

CALORIES: 760

CLASSIC SANDWICH* 6.00

Cage-free fried eggs, provolone on brioche

CALORIES: 500

Add: Bacon 160 CALS 1.00

Add: Avocado 100 CALS 1.00

COLORADO BURRITO 5.00

Cage-free scrambled eggs, Colorado green chili, roasted potato, pepper jack, tortilla, salsa

CALORIES: 640

TENDER BELLY™ BURRITO 6.00

Cage-free scrambled eggs, Colorado green chili, roasted potato, Tender Belly™ bacon, pepper jack, tortilla, salsa

CALORIES: 770



Colorado Burrito

*These foods may contain undercooked eggs, meat, seafood, and/or shellfish. Consuming undercooked eggs, meat, seafood, and/or shellfish may increase your risk of foodborne illness.

AVOCADO TOAST

MODERN AVO TOAST 4.50

Fresh avocado, sourdough toast, chili spice, green onion

CALORIES: 300

EVERYTHING AVO TOAST 7.00

Fresh avocado, sourdough toast, smoked salmon, cream, red onion, fresh dill, everything spice

CALORIES: 430

ADD JAMMY EGG* 1.00

CALORIES: 70

SUB GLUTEN-FREE TOAST

SUBTRACTS 20 CALORIES



Everything Avo Toast

OATMEALS

PEANUT BUTTER BANANA 5.50

Steel cut oats, peanut butter, banana, honey, toasted peanuts

CALORIES: 570

SUPER BERRY 5.50

Steel cut oats, blueberry chia jam, blueberry hemp superfood granola, toasted coconut

CALORIES: 440



Super Berry Oats

HAPPY + HEALTHY KIDS

CHOICE OF MILK OR JUICE BOX

KIDS CHEESE PIZZA 5.50

Add Creminelli pepperoni

CALORIES: 400-480

GRILLED TOMATO + CHEESE 5.50

CALORIES: 680

MAC & CHEESE 4.50

CALORIES: 600

CHICKEN PLATE 5.50

With mashed potato & simple salad

CALORIES: 390

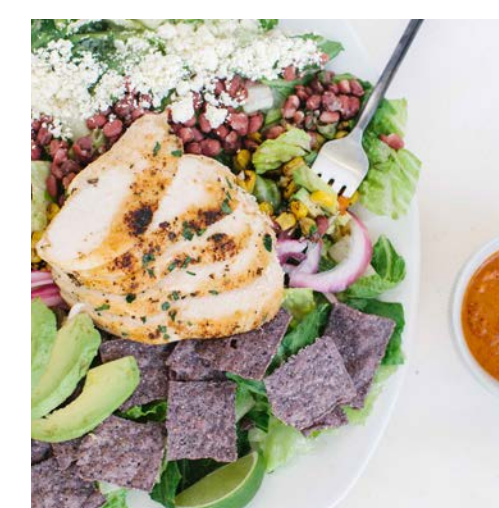
B-Y-O SALAD 5.50



Berkshire BBQ Pork Sandwich



Free Range Chicken Hand Carved Plate



Mérida Salad



SUPERduperFOOD Salad

BEER & WINE

LOCAL CRAFT BREWS



\$4.50-\$5.20

CALORIES: 160-280

HOUSE WINE



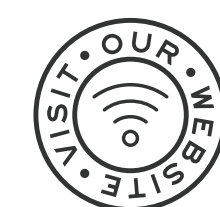
\$3

CALORIES: 140-190

Ask a Cashier
About Current Offerings

◆ VEGETARIAN ▣ VEGAN Ⓞ GLUTEN-FREE
Ⓞ DAIRY-FREE Ⓞ CONTAINS NUTS

WE CHANGE OUR MENUS FASTER THAN WE CAN PRINT THEM



Check Us Out Online For Our Full Menu, Prices & Nutrition Details

www.modernmarket.com

BREAKFAST BOWLS

BREKKIE BOWL* 7.50

Cage-free scrambled eggs, chili-roasted sweet potato, tomato, dressed arugula, toast

Includes: Bacon or Avocado

Or Upgrade to: Smoked Salmon 1.50

CALORIES: 560-620



Brekkie Bowl

SUNRISE BOWL* 7.50

Cage-free jammy egg, avocado, baby greens, Tender Belly™ bacon, roasted tomato, almond, toast

CALORIES: 570



Sunrise Bowl

WAFFLES

PEARL SUGAR WAFFLE 4.50

Blueberry chia jam, Belgian dessert waffle, powdered sugar

CALORIES: 410



Pearl Sugar Waffle