

FRESH SALADS

ENTRÉE OR HALF

S E A S O N A L
FRESNO MINT ^{GF} ^V **9.10 | 7.00**
 Shaved broccoli, arugula, pickled onion, cucumber, fresno chili, roasted grape tomato, torn mint, almond, feta, basil yogurt dressing
Cal 416 · Fat 27g · Carbs 33g · Protein 18g · Fiber 9g

SUPERFOOD ^{GF} ^V **8.50 | 5.60**
 Spinach kale blend, quinoa pilaf, grape, feta, carrot, almond, champagne vinaigrette
Cal 606 · Fat 40g · Carbs 46g · Protein 16g · Fiber 9g

THAI COCONUT ^{GF} ^{DF} **9.10 | 7.00**
 Mixed greens, roasted chicken, sweet potato, cucumber, grated coconut, peanut mango dressing
Cal 609 · Fat 33g · Carbs 26g · Protein 38g · Fiber 7g

ROMAN **9.50 | 7.00**
 Romaine, roasted chicken, bacon bits, shredded kale, roasted grape tomato, herb croutons, cucumber, Grana Padano, house Caesar
Cal 832 · Fat 46g · Carbs 39g · Protein 54g · Fiber 6g

TOSCANO **9.10 | 7.00**
 Prosciutto, roasted grape tomato, cucumber, marinated cannellini bean, pickled onion, Grana Padano, romaine, roasted garlic rosemary vinaigrette, served with herb flatbread slice
Cal 529 · Fat 34g · Carbs 40g · Protein 20g · Fiber 9g

FARMER ^{GF} **9.50 | 7.00**
 Mixed greens, roasted chicken, grape, feta, roasted corn, almond, champagne vinaigrette
Cal 730 · Fat 40g · Carbs 39g · Protein 45g · Fiber 6g

FLATIRON* ^{GF} **10.50 | 7.50**
 Mixed greens, grilled steak, roasted potato, roasted grape tomato, gorgonzola, caramelized onion, balsamic vinaigrette
Cal 643 · Fat 40g · Carbs 31g · Protein 42g · Fiber 4g

FIESTA ^{GF} **9.50 | 7.00**
 Romaine, roasted chicken, roasted corn, black bean salsa, avocado, jack cheese, radish, red pepper basil vinaigrette
Cal 681 · Fat 35g · Carbs 32g · Protein 49g · Fiber 12g

WINTERGREEN ^{GF} ^V **8.50 | 5.60**
 Spinach, apple, goat cheese, roasted potato, date, walnut, agave herb vinaigrette
Cal 596 · Fat 31g · Carbs 68g · Protein 21g · Fiber 10g

Extras

- Add Chicken **2.50 | 1.75** Add Steak* **5.00 | 4.00**
- Add Sesame Ginger Crusted Tofu **1.50 | 0.75**
- Add Avocado **1.00** Add Bacon **2.00**

TOASTED SANDWICHES

WHOLE OR HALF

S E A S O N A L
BLUEBERRY PESTO ^V **8.00 | 4.50**
 Fresh mozzarella, basil pesto, blueberry balsamic jam, tomato, arugula on Izzio's ciabatta
Cal 642 · Fat 33g · Carbs 59g · Protein 24g · Fiber 4g

CHIPOTLE STEAK* **9.25 | 5.00**
 Grilled steak, SPICY chipotle aioli, mixed greens, asiago cheese, tomato on ciabatta
Cal 730 · Fat 34g · Carbs 51g · Protein 52g · Fiber 3g

ARUGULA MOZZ ^V **8.00 | 4.50**
 Fresh mozzarella, basil aioli, balsamic, arugula, tomato on ciabatta
Cal 736 · Fat 48g · Carbs 52g · Protein 22g · Fiber 3g

MAKE ANY SANDWICH GLUTEN-FREE: \$1.75

TENDER BELLY BLT+A **8.75 | 4.50**
 Tender Belly nitrate-, H&A-free bacon, basil aioli, avocado, tomato, arugula on Izzio's multigrain
Cal 833 · Fat 65g · Carbs 30g · Protein 28g · Fiber 6g

BASIL CHICKEN **8.00 | 4.50**
 Roasted chicken, basil aioli, tomato, onion, provolone, arugula on ciabatta
Cal 693 · Fat 29g · Carbs 53g · Protein 41g · Fiber 3g

EGGPLANT GOAT ^V **8.00 | 4.50**
 Roasted eggplant, charred onion, red bell pepper, goat cheese, harissa tahini, arugula on Izzio's multigrain
Cal 640 · Fat 36g · Carbs 58g · Protein 18g · Fiber 9g

Extras

- Add a Bag of Jackson's Honest Chips **1.25**
- Add Greens & Balsamic Salad **1.00**
- Add Arugula & Blue Cheese Salad **2.00**

BRICK OVEN PIZZA

WHOLE PIE OR HALF

S E A S O N A L
BACON CORN **9.50 | 5.50**
 Roasted garlic Crème fraiche, fire roasted corn, nitrate-, hormone-free bacon, 3 cheese blend, basil
Cal 1063 · Fat 44g · Carbs 114g · Protein 48g · Fiber 8g

M'RITA ^V **8.25 | 5.00**
 Fresh mozzarella, basil, organic red sauce
Cal 786 · Fat 23g · Carbs 103g · Protein 32g · Fiber 8g

THREE CHEESE ^V **7.50 | 4.50**
 Part-skim mozzarella, fontina, provolone, organic red sauce
Cal 764 · Fat 18g · Carbs 105g · Protein 37g · Fiber 8g

PEPÉ **8.75 | 5.50**
 H&A-, nitrate-free Creminelli Calabrese pepperoni, organic red sauce, 3 cheese blend
Cal 862 · Fat 27g · Carbs 106g · Protein 41g · Fiber 8g

CRIMINI KALE ^V **7.75 | 3.50**
 Roasted crimini mushroom, marinated kale, red onion, organic red sauce
Cal 746 · Fat 18g · Carbs 116g · Protein 25g · Fiber 11g

SAUSAGE PESTO **9.50 | 5.50**
 Roasted garlic puree, baby spinach, fresh mozz, grape tomato, basil, Grana Padano
Cal 1157 · Fat 52g · Carbs 117g · Protein 45g · Fiber 7g

BBQ **8.75 | 5.50**
 BBQ sauce, H&A free chicken, red & green onion, cilantro, pepper jack cheese
Cal 954 · Fat 21g · Carbs 121g · Protein 49g · Fiber 7g

PROSCIUTTO **9.75 | 6.00**
 Creminelli prosciutto, arugula, pear, gorgonzola, 3 cheese blend
Cal 857 · Fat 25g · Carbs 104g · Protein 44g · Fiber 8g

MAKE ANY PIZZA GLUTEN-FREE: \$3.50 | \$1.75

HOMEMADE SOUPS

\$4 PER CUP

GREEN CHICKEN CHILI ^{GF} ^{DF}
Cal 211 · Fat 4g · Carbs 20g · Protein 21g · Fiber 3g

TOMATO BASIL ^{GF} ^V
Cal 180 · Fat 11g · Carbs 15g · Protein 4g · Fiber 2g

CURRY YELLOW SPLIT PEA ^{GF} ^V
Cal 187 · Fat 5g · Carbs 27g · Protein 10g · Fiber 2g

HOMESTYLE PLATES

ONE PROTEIN AND TWO SIDES

CHICKEN BREAST ^{GF} ^{DF} **11.00**
 H&A free, herb roasted chicken, salsa verde
Cal 497 · Fat 28g · Carbs 2g · Protein 41g · Fiber 0g

RANCH STEAK* ^{GF} ^{DF} **12.00**
 Humanely raised, natural steak, salsa verde
Cal 576 · Fat 38g · Carbs 1g · Protein 56g · Fiber 0g

SESAME TOFU ^{GF} ^V **8.00**
 Pressed and seasoned organic tofu, lemon maple vinaigrette
Cal 317 · Fat 26g · Carbs 7g · Protein 12g · Fiber 3g

- C H O O S E T W O S I D E S**
- ROSEMARY SWEET POTATO MASH ^{GF} ^{DF}
Cal 215 · Fat 5g · Carbs 40g · Pro 3g · Fiber 6g
 - ROASTED GARLIC MASHED POTATO ^{GF} ^{DF}
Cal 260 · Fat 14g · Carbs 31g · Pro 4g · Fiber 3g
 - ARUGULA & BLUE CHEESE SALAD ^{GF} ^{DF}
Cal 114 · Fat 10g · Carbs 2g · Pro 4g · Fiber 0g
 - GREENS & BALSAMIC SALAD ^{GF} ^{DF}
Cal 54 · Fat 5g · Carbs 2g · Pro 1g · Fiber 1g
 - MAC & CHEESE ^V
Cal 227 · Fat 11g · Carbs 18g · Pro 13g · Fiber 0g
 - GINGER MAPLE ROAST VEGGIES ^{GF} ^{DF}
Cal 164 · Fat 5g · Carbs 28g · Pro 3g · Fiber 5g

*THESE FOODS MAY CONTAIN UNDERCOOKED EGGS, MEAT, SEAFOOD, AND/OR SHELLFISH. CONSUMING UNDERCOOKED EGGS, MEAT, SEAFOOD, AND/OR SHELLFISH MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

MIX & MATCH YOUR MEAL

1/2 SALAD + PIZZA

1/2 SALAD + SANDWICH

1/2 SANDWICH + CUP OF SOUP

SHARABLES

FLATBREAD PLATE **4.00**
 Lemon herb flatbread, Grana Padano
Cal 724 · Fat 24g · Carbs 96g · Protein 23g · Fiber 6g

DESSERT PIZZA **6.00 | 4.00**
 Brown sugar caramel, strawberry, blueberry, whole wheat crumble, whipped greek yogurt
Cal 1326 · Fat 53g · Carbs 185g · Protein 27g · Fiber 14g

HAPPY & HEALTHY KIDS

KIDS PIZZA ^V **4.50**
 Half pizza with 3 cheese blend and organic red sauce +Add nitrate free pepperoni*
Cal 382 · Fat 5g · Carbs 53g · Protein 19g · Fiber 4g

CHICKEN PLATE ^{GF} ^{DF} **5.00**
 Roasted chicken, smashed potatoes, mixed salad
Cal 368 · Fat 10g · Carbs 51g · Protein 19g · Fiber 7g

GRILLED CHEESE ^V **4.50**
 3 cheese blend, tomato, and butter on multi-grain
Cal 295 · Fat 13g · Carbs 29g · Protein 16g · Fiber 3g

B-Y-O SALAD ^{GF} ^V **4.00**
 Kid-sized salad with choice of veggies, choice of dressing

MAC & CHEESE ^V **3.50**
 Noodles, white cheddar, fontina, asiago
Cal 504 · Fat 26g · Carbs 40g · Protein 28g · Fiber 0g

NATURAL DRINKS

- BOYLAN'S CRAFT SODA** All natural, with cane sugar ... **2.25**
- KOMBUCHA** Fizzy, probiotic tea **4.00**
- ORGANIC ICED TEA** Assorted Flavors **2.25**
- ORGANIC HOT TEA** Assorted Flavors **1.50**
- BOTTLED DRINKS** **1.75 - 3.00**

HOUSE WINE **\$2.00 GLASS** **\$8.00 BOTTLE**

LOCAL CRAFT BEER **\$3.50 EACH**

BREAKFAST SANDWICHES



ROCKET EGG* **6.60**
Cage free eggs, basil aioli, arugula, tomato & provolone on ciabatta
Cal 484 · Fat 26g · Carbs 38g · Protein 24g · Fiber 2g

CHIPOTLE EGG* **7.00**
Cage free eggs, nitrate-, H&A-free bacon, chipotle aioli, tomato & white cheddar on ciabatta
Cal 580 · Fat 35g · Carbs 38g · Protein 29g · Fiber 2g

BACON* **6.10**
Cage free eggs, nitrate-, H&A-free bacon & provolone on ciabatta
Cal 521 · Fat 29g · Carbs 36g · Protein 29g · Fiber 2g

SAUSAGE* **6.10**
Cage free eggs, nitrate-, H&A-free sausage & provolone on ciabatta
Cal 522 · Fat 27g · Carbs 39g · Protein 30g · Fiber 2g

EGG + CHEESE* **5.60**
Cage free eggs & provolone on ciabatta
Cal 419 · Fat 20g · Carbs 36g · Protein 23g · Fiber 2g

Extras

- Make On Gluten Free Toast **1.75** | Make On Multigrain
- Tender Belly nitrate-, H&A-free bacon **2.00**
- Polidori nitrate-, H&A-free sausage link **1.50**
- Add Breakfast Potatoes **1.50**
- Add Fresh Cut Fruit Salad **3.00**

BREAKFAST PLATES



PROSCIUTTO + EGGS* **7.10**
2 cage free eggs, Creminelli prosciutto, mixed green salad with lemon maple dressing, toast
Cal 402 · Fat 30g · Carbs 10g · Protein 22g · Fiber 1g

EGGS + TOAST* **6.10**
2 cage free eggs, roasted breakfast potatoes, toast
Cal 409 · Fat 23g · Carbs 34g · Protein 18g · Fiber 4g

BACON + EGGS* **7.85**
2 cage free eggs, nitrate-, H&A-free bacon, roasted breakfast potatoes, toast
Cal 502 · Fat 31g · Carbs 34g · Protein 23g · Fiber 4g

SAUSAGE + EGGS* **7.85**
2 cage free eggs, nitrate-, H&A-free sausage, roasted breakfast potatoes, toast
Cal 614 · Fat 37g · Carbs 40g · Protein 31g · Fiber 4g

CHILI + EGGS* **7.60**
2 cage free eggs smothered in green chicken chili, roasted breakfast potatoes, toast
Cal 480 · Fat 24g · Carbs 41g · Protein 25g · Fiber 5g

CHOOSE SCRAMBLED OR FRIED (OVER MEDIUM)

DID YOU KNOW?
ALL OF OUR MEATS ARE
HORMONE & ANTIBIOTIC FREE

Extras

- Gluten Free Toast **1.75**
- Tender Belly Nitrate-, H&A-Free Bacon **2.00**
- Polidori Nitrate-, H&A-Free Sausage Link **1.50**
- Add Breakfast Potatoes **1.50**
- Add Fresh Cut Fruit Salad **3.00**

BREAKFAST SCRAMBLES



SPINACH BACON* **7.50**
Cage-free eggs, baby spinach, nitrate-, H&A-free bacon, aged white cheddar, roasted breakfast potatoes, toast
Cal 616 · Fat 39g · Carbs 37g · Protein 31g · Fiber 5g

MARKET SCRAMBLE* **7.10**
Cage-free eggs, broccoli, caramelized onion, aged white cheddar, roasted breakfast potatoes, toast
Cal 558 · Fat 33g · Carbs 41g · Protein 27g · Fiber 6g

SOUTHWEST TOFU **7.10** ◇
Organic tofu, roasted corn, black beans, pepperjack cheese, organic red sauce, avocado, roasted breakfast potatoes, toast
Cal 737 · Fat 41g · Carbs 67g · Protein 30g · Fiber 16g

SAUSAGE KALE* **7.50**
Cage free eggs, nitrate-, H&A-free sausage, kale, red bell pepper, pepperjack, roasted breakfast potatoes, toast
Cal 658 · Fat 38g · Carbs 48g · Protein 31g · Fiber 5g

WHOLE GRAIN WAFFLES



PLAIN WAFFLE **6.00**
Plain whole grain Belgian waffle served with whipped Greek yogurt and pure maple syrup
Cal 514 · Fat 19g · Carbs 74g · Protein 16g · Fiber 7g

APPLE PEAR **7.50**
Whole grain Belgian waffle topped with caramelized apple & pear compote, whipped Greek yogurt and pure maple syrup
Cal 625 · Fat 24g · Carbs 91g · Protein 16g · Fiber 10g

CINNAMON **7.50**
Whole grain Belgian waffle topped with cinnamon sugar, pecans, whipped greek yogurt and pure maple syrup
Cal 520 · Fat 20g · Carbs 74g · Protein 16g · Fiber 7g

BRUNCH DRINK SPECIAL

MIMOSA (OJ + SPARKLING WINE) **3.00**

BREWMOZA (OJ + WHEAT BEER) **4.00**

MIX & MATCH YOUR MEAL

1/2 **SALAD** + **PIZZA** | 1/2 **SALAD** + **SANDWICH** | 1/2 **SANDWICH** + **CUP OF SOUP**

NATURAL DRINKS

ORGANIC COFFEE **1.50**

BOYLAN'S CRAFT SODA All natural, with cane sugar **2.25**

KOMBUCHA Fizzy, probiotic tea **4.00**

ORGANIC ICED TEA Assorted Flavors **2.25**

ORGANIC HOT TEA Assorted Flavors **1.50**

BOTTLED DRINKS **1.75 - 3.00**

BRUNCH DRINK SPECIALS

MIMOSA OJ + Sparkling Wine **3.00**

BREWMOZA OJ + Wheat Beer **4.00**

DID YOU KNOW **WE CAN CATER** YOUR PARTY

*THESE FOODS MAY CONTAIN UNDERCOOKED EGGS, MEAT, SEAFOOD, AND/OR SHELLFISH. CONSUMING UNDERCOOKED EGGS, MEAT, SEAFOOD, AND/OR SHELLFISH MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

HOURS MAY VARY BY LOCATION. VISIT MODMARKET.COM FOR MORE INFORMATION.



GF GLUTEN FREE **DF** DAIRY FREE **◇** VEGETARIAN **VF** VEGAN

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